

Criteria for NLP Trainers

Overall, the criteria for becoming an NLP Trainer are summed up by something Judy de Lozier once said to me.

'Well the question is, can you truly be yourself in front of a group Tristan, because that's what being an NLP Trainer is about.'

What seems to be true is that people relate to people more than they do 'trainers'. So this course isn't for people who want another certificate or to just become an NLP Trainer. It is for people who want to discover how to be all that they can be and share their unique gift and talents with the world. Anyone can learn how to teach NLP. But what is much more powerful is to learn to be in front of a group and to truly be yourself.

Becoming an NLP Trainer is one of the most exciting and rich journeys I have embarked on and I owe a large part of my success to Sue Knight and Gene Early who have coached and mentored me for over a decade. Much of the language and style you will experience has been modelled from them.

As an NLP Trainer you are expected to:

- Be an example of all that you teach and demonstrate that you are developing in areas of your life where you are not fully congruent
- Express the truth of who you are in the way that you train and the way that you give and receive feedback
- Demonstrate that you are continually open to receiving and giving feedback that is open, honest and owned as being an expression of yourself
- Sacrifice your personal needs/wants in the interest of the group
- Commit to owning and developing yourself as a way of managing your experience of others
- Show how you can both show your vulnerability when appropriate but also manage your state so that you are constantly resourceful in your support of others
- Demonstrate how you can manage the energy in room/group with whom you are working
- Show how you are constantly working 'on the edge' and using what is current in your life and work to support learning for others
- Be able to be taking both a systemic view of the group with which you are working and simultaneously be connected
- Recognise and act in line with the boundaries of the roles of delegate/assistant/trainer/co-learner
- Design and deliver a training programme based on the TOTE model i.e. based on outcomes, with the content derived from the circumstances in the moment
- Set and achieve delegate based well formed outcomes for all training
- Have examples of how the NLP principles are working for you
- Maintain a constantly resourceful state with any group you are leading or supporting
- Are able to create a learning loving community in the groups with which you work
- Embrace all situations as opportunities for learning for you and the group
- See the unsuspected greatness in everyone



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